

All families want to give their kids the best start possible. Those first three years are so important for your child's success. **Help Me Grow** can support you in developing your child's full potential.

- Do you have children under the age of three?
- Are you pregnant?
- Do you have questions about your child's growth or development?
- Are you feeling overwhelmed?
- Would you like to know more about the community resources available to you and your child?
- Would you like to talk with another parent who has ideas to share?

If you answer "yes" to any of these questions, call KidLink for more information on Help Me Grow or other community resources.



Preschool

Two Years



One Year

Happy Birthday

School Ahead

To help your child get the best start

Help Me Grow programs offer **FREE***:

- Home visits focused on child development
- Parent mentors and family support
- Child development screening
- Connection to community resources
- Service coordination – a professional "navigator" to assist you and your child
- Nursing visits – for new Moms and their babies

*services are based on qualifications